

ABSTRACT OF THE DISCLOSURE

A vapor-permeable and water-resistant sheet is provided with a film layer having vapor permeability and water-resistance, a spun bonded nonwoven fabric laminated onto one surface of the film layer and a reinforcement layer laminated onto the other surface of the film layer. The basis weight of the spun bonded nonwoven fabric is 20 g/m² through 70 g/m². The reinforcement layer has a reticular construction, and thus does not deteriorate vapor permeability and water-resistance of the film layer.